

FULL RESULTS LISTING

Time	Number	Name	Town	Category	Club
01:22:47	165	Tim Higginbottom	Mold	SM	Eryri
01:25:23	171	Francis Blunt	Sedbergh	SF	
01:26:12	155	James McQueen	Conwy	SM	Eryri Harriers
01:27:11	159	Rowland Stafford	Welshpool	SM	Mercia
01:27:37	74	Roger Lamb	Woreshore	V40	Mercia
01:30:04	157	Iwan McRuton	Caernarfon	SM	Eryri8i Harriers
01:30:18	50	Gavin Williams	Sheffield	V40	Dark Peak
01:30:23	146	Richard Thomas	Darwen, Lancashire	SM	Eryri Harriers
01:30:42	149	Scott Butterworth	Llandudno	SM	Eryri Harriers
01:30:49	63	Stephen P Jones	Colwyn Bay	SM	Eryri
01:30:54	53	Robbert Hutton	Sheffield	V50	Dark Peak
01:31:33	167	Sean Bowland	Lancaster	SM	Bowland FR
01:31:45	26	Russell Owen	Darwen	V40	Eryri Harriers
01:32:20	168	Calfyn Wyn Hughes	Blaenau Ffestiniog	SM	-
01:33:01	158	Owen Rees	Hereford	SM	Bro Dysyni
01:33:14	204	Jackie Lee	Buxton, Derby	SF	Eryri
01:34:21	71	Iwan Edgar	Pwllheli	V50	-
01:34:30	58	Richard Horsfield	Sheffield	V40	Dark Peak Fell Runners
01:35:02	170	Simon Edwards	Mold	SM	Buckley Runners
01:37:42	160	Mathew Roberts	Caernarfon	SM	Eryri
01:37:47	150	Gareth Williams	Y Fali, Caergybi	SM	Eryri
01:38:12	57	Dave Soles	High Peak	V40	Pennine
01:38:25	151	Ben Beachell	Llanfairfechan	SM	Eryri
01:38:43	60	Arwel Lewis	Caernarfon	V40	Eryri Harriers
01:39:47	51	Steve Hammond	Ubkinton	V40	Tattenhall Runners
01:40:33	156	Paul Stinton	Flint	SM	Clwydian Rangers
01:42:32	36	Dave Powell	Aberystwyth	V40	Aberystwyth AC
01:42:40	161	Craig Walker	Birmingham	SM	Caider Vallley
01:42:47	38	Huw Lewis	Mold	V50	Buckley
01:42:55	52	Donnald Williams	Bangor	V60	Eryri Harriers
01:43:10	75	Martin Cortvriend	Llangynhafal	V50	Macclesfield Harriers
01:43:30	169	Sevs Phillips	Betws-Y-Coed	SM	Eryri Harriers
01:43:59	55	Neville Boler	Chesterfield	V50	WFRA
01:44:39	154	Rhys Williams	Newport	SM	Mynyddwyr De Cymru
01:44:44	54	Tim Court	Wiggan	V40	Newborough
01:45:00	39	Peter Roberts	Mold	V60	Buckley Runners
01:45:36	70	Peter Browning	Richton	V40	Clayton Le Moors H
01:45:58	43	Jereme Williams	Llanfairfechan	V50	
01:47:32	148	Craig South	Tanygrisiau, Blaenau Ffe	SM	
01:47:48	29	Jim Bennell	Brynsiencyn	V50	Eryri
01:47:55	213	Hannah Toberman	Llanberis	SF	Eryri
01:48:21	79	Vic Belshaw	Nannerch	V40	Eryri
01:49:09	207	Louise Barker	Tal-y-Bont	SF	Aberystwyth AC
01:49:29	67	Richard Borne	Abergele	SM	Eryri
01:49:34	68	Howard Jones	Llangollen	V50	-
01:49:38	59	Kean Rowlands	Wrexham	V40	Clwydian Range Runners
01:49:52	40	John Morris	Mold	V60	Buckley R
01:50:11	34	John Linley	Mold	V50	Clwydians
01:50:39	46	Andrew Wood	Fleckney	M40	Bowline
01:50:42	21	Martyn THORPE	Sutton Keighley	V50	Keighley
01:50:42	30	Alwyn Oliver	Dinorwig	V60	Eryri
01:50:53	49	Darrul Evans	Llanbryn Mair	V40	Malvern Harriers
01:51:04	208	Phoebe Webster	Aberystwyth	SF	UWA

Time	Number	Name	Town	Category	Club
01:51:10	163	Alan Heath	Wallasey	SM	WFRA
01:51:20	35	Emyr Davies	Caernarfon	V60	Eryri
01:51:50	28	Ian Blakemore	Llanberis	V50	Eryri
01:51:50	147	Neil Lewis	Peterchurch, Hereford	SM	MDC
01:52:11	62	Jim Davis	Chester	SM	Clwydian Range Runners
01:52:20	216	JENNY Heming	Fachwen	SF	Eryri
01:52:29	81	Ross Powell	Llandwrog	V50	WFRA
01:53:04	22	Andrew Firth	Pickup Bank	V40	Claytron
01:53:10	78	Ian Yoxall	Liverpool	V40	St Helens & Sutton AC
01:54:46	211	Sandra Rowlands	Wrex	F40	Clwydian Range Runners
01:55:07	145	Jason Worrall	Middleton	SM	Middleton Harriers
01:55:42	27	Ian Williams	Caergybi	V40	Cybi
01:56:27	77	Mike Blake	Croesor	V50	Eryri
01:57:11	61	Paul Atkinson	Bromsgrove	V40	Calder Valley F/R
01:57:21	47	Dei Jones	Criccieth	V50	CRMC Eryri
01:58:07	212	Jenny Ewels	Treuddyn	SF	Clwydian Range Runners
01:58:09	64	John Montgomery	Penmynydd	V40	-Clwydian Range Runners
01:59:06	69	Glyn Jones	Meifod	SM	WRFA
01:59:28	25	Philip Jones	Prestatyn	V60	Prestatyn RC
01:59:59	65	Stuart Furness	Belmont	V50	Blackburn
02:00:10	42	Arwel Jones	Denbigh	V40	Prestatyn RC
02:00:42	73	Paul Oldfield	Chester	V40	Clwydian Range
02:00:58	31	Mike Hale	Caernarfon	V50	Eryri
02:01:07	24	Steve Bajic	Telford, Shropshire	V40	Telford Harriers
02:01:30	56	Francis Uhlman	Llanfrothen	V60	WFRA
02:01:40	76	Nick Bradley	Dolgellau	V50	Meirionydd
02:01:41	72	Martin Potter	Chester	V50	Clwydian
02:02:05	66	Richard Griffiths	Tywyn	V50	Bro Dysynni
02:03:25	205	Maggie Oliver	Dinorwig, Caernarfon	F60	Eryri
02:04:05	166	Jan Danilo-Gargacki	Huddersfield	SM	Holmford Carriers
02:04:44	209	Dawn Urquhart	Hawarden	SF	Buckley
02:05:18	41	Colin Grime	Warrington	V60	Spectrum Striders
02:06:14	20	Llwydmor Evans	Wirksworth	V40	Worksworth RC
02:06:15	203	Eluned Salisbury (Ellie)	Penmaenmawr	F40	Eryri
02:06:56	33	Peter Lester - Owen	Abergele	V40	Mysteruns
02:06:59	32	Huw Jenkins	Blaenau Ffestiniog	V50	
02:10:50	162	Alistair Craig	Pantymwyn	SM	
02:11:40	210	Juliet Edwards	Dolgellau	V40	Meirionnydd
02:11:46	215	Lona Kater	Llysfaen	SF	Karacki Hash Howe Harriers
02:11:51	48	Adrian Donnelly	Shrewsbury	V40	
02:12:01	45	David Easthore	Bebington	V50	Pensby Runners
02:12:06	152	Jeremy Bright	Abergele	SM	Mystruns
02:12:14	214	Wendy Trimbel	Abergele	SF	Eryri
02:14:46	206	Yvonne Amesbury	Graigfechan	SF	Clwydian Range Runners
02:14:47	153	Ben Amesbury	Ruthin	SM	Clwydian Range Runners
02:15:50	164	Darren Thomas	Llanllyfni	SM	-
02:16:42	217	Yvie Van Den Broeck	Wrexham	SF	North Wales Police
02:20:17	37	David Wright	Bangor	V50	
02:24:05	80	Iorweth Roberts	Llanrwst	V60	Eryri
02:25:03	23	Richard Paddock	Bickton Heath	V40	Shrewsbury Shufflers
02:25:18	44	Nigel Cromptun	Bromborough	V40	Densby Runners
02:46:37	83	Kurmang Aziz Rashid	Blaenau Ffestiniog	V40	-
03:00:00	82	Paul Copper	Runcorn	V60	-

