

Wishing to join Clwydian Range Runners?

Clwydian Range Runners is a relaxed and friendly group of like-minded people, who enjoy the hills and mountains of North Wales and beyond. We hope to promote a relaxed and enjoyable attitude towards hill and mountain running, with having fun being our number 1 aim. We are affiliated to the Welsh Athletics Association, (formerly the AAW) and cater for ALL forms of running, from 5k road races through to mountain marathons. We currently meet on a Tuesday evening at Llandegla forest at 7pm. See <http://www.clwydianrangerunners.co.uk> for further details.

Clwydian Range Runners Membership form

Please complete all sections clearly and in BLOCK LETTERS. One form to be completed for each member. Membership to be renewed by 1st April each year.

Name in full:

Address:

Date of birth:

Home and mobile Tel:

Email address:

TYPE OF MEMBERSHIP

Please tick the appropriate box

Male Female

Under 17's		
Senior		
Over 40's		
Over 65's		
Second claim only		

Club colours must be worn in all AAW races. I understand that I participate in all activities at my own risk.

Data Protection Act : The data given on this form will be stored on a computer system and will be used for club administration purposes only. Any objection to the data being stored on computer by the club should be addressed to the Club's Membership Secretary.

Signed		Date	
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Please complete this and the accompanying AAW form and return them to: Membership Secretary, Dan Hurst, CARTREF, Ruthin Road, Llanferres, Denbighshire, CH7 5SN