

### Dash in the Dark 3 - January 2018

Position	Number	Time	Name	Club
1	98	28.06	Emlyn Owen	Eryri Harriers
2	76	28.36	Simon Edwards	Buckley
3	34	28.48	Peter Gray	Buckley
4	7	29.35	Alex Mason	Delamere Spartans
5	88	29.52	Dylan Roberts	Wreccsam Tri
6	2	30.18	Simon Phillips	Whitchurch Whippets
7	41	30.25	Hayley Evans	Buckley
8	57	30.44	Craig Mitchley	U/A
9	77	30.55	Dean Yarwood	U/A
10	8	31.09	David Appleton	Anabasis Mountaineering
11	99	31.39	Iwan Berwyn Edwards	U/A
12	68	31.52	Martin Witty	Deestridders
13	85	31.58	Chris Spillane	Colwyn Bay
14	84	32.01	Richard Eccles	U/A
15	92	32.09	Ian Atkinson	Wrexham AC
16	64	32.11	Elliott Boylan	U/A
17	80	32.27	Tom Blakemore	U/A
18	45	32.33	Ben Amesbury	CRR
19	4	32.39	Richard Borne	Mysteruns
20	33	32.44	Nick Jones	Runfree
21	95	32.52	Lee Rowe	U/A
22	26	32.55	Nic Sharpe	U/A
23	25	33.07	Richard Morris	U/A
24	90	33.11	Philip Hatcher-Moore	Runfree
25	83	33.26	John Rolton	CRR
26	40	33.55	Neil Riddle	U/A
27	55	34.03	Graeme Peacock	CRR
28	63	34.11	Sean Donoghue	Buckley
29	39	34.15	Megan Parry	Hebog
30	62	34.24	Paul Donoghue	Buckley
31	56	34.27	Hywel Roberts	Denbigh Harriers
32	97	34.41	Nigel Parr	Deestridders
33	23	34.52	Steve Davies	Runfree
34	5	34.56	Fred Aird	The Last Inn Runners
35	94	35.01	Mandy Peffer	CRR
36	32	35.05	Michael Bastow	Oswestry Olympians
37	28	35.09	Mark Tipuric	U/A
38	16	35.57	Kirsty Seddon	Chester Tri
39	89	36.13	Dave Stephens	CRR
40	42	36.23	Richard Cawley	Chester Road Runners
41	73	36.24	Christine Camvillare	Deestridders

42	43	37.25	Jenny Ewels	CRR
43	48	37.46	Rachel Sherwen	Runfree
44	51	37.52	Rebecca Massey	Deestridders
45	74	38.17	Peter Lester-Owen	Mysteruns
46	93	38.24	Andy Peffers	CRR
47	86	38.26	Tony Walton	U/A
48	9	38.27	Geraint Hughes	U/A
49	66	38.45	Yricka Gardner	Wrexham AC
50	102	38.54	Ian Coney	U/A
51	96	39.12	Keith Cotton	Whitchurch Whippets
52	35	39.50	Peter Nesbitt	Oswestry Olympians
53	10	39.53	Kate Wilson	Denbigh Harriers
54	27	40.01	Liszette Stevens	U/A
55	104	40.03	Adam Edwards	Jaeger Runners
56	81	40.12	Melanie Berry	CRR
57	44	40.24	Edward Leach	Chester Road Runners
58	30	40.28	Suzanna Heppenstall	Buckley
59	87	40.41	Alun Williams	U/A
60	82	40.46	Simon McCormick	U/A
61	58	40.52	Chris Rhodes	U/A
62	105	40.57	Alex Fletcher	Eryri Harriers
63	79	40.59	Jenny Lewtey-Jones	Deestridders
64	29	41.05	Gaynor Louise Evans	U/A
65	54	41.11	Carl Elston	U/A
66	6	41.23	Lorna Royle	Deestridders
67	107	41.45	Kate Wright	U/A
68	108	41.46	Peter York	U/A
69	91	42.08	Jane Atkinson	U/A
70	78	42.09	Anne Buckley	U/A
71	12	42.24	John Humphries	Mysteruns
72	106	42.25	Hayley Turner	Eryri Harriers
73	65	42.34	Kirstie Fraser	Canicross Clwyd
74	103	42.38	Sarah Staples	Jaeger Runners
75	67	42.50	Karen Owens	Wrexham AC
76	46	43.10	Jacqueline Bland-Roberts	Runfree
77	60	43.33	Eleri Hayhurst	Runfree
78	31	44.08	Emma Cornes	Runfree
79	13	44.13	Elizabeth Featherstone	Whitchurch Whippets
80	59	44.19	Rosie McConnell	Runfree
81	38	44.46	Connor Hellywood	U/A
82	11	45.02	Liz Rankin	Whitchurch Whippets
83	19	45.27	Robert Burns	Cadence Tri
84	18	45.34	Rachel Robinson	U/A
85	61	45.35	Heather Jones	Runfree

<b>86</b>	36	46.30	Charlotte Griffiths	U/A
<b>87</b>	75	46.39	Amanda Garner	Buckley
<b>88</b>	20	46.55	Gail Geoghegan	U/A
<b>89</b>	69	47.04	Sue McIndoe	Deestridders
<b>90</b>	101	47.13	Paul Humphries	Holt & Farndon
<b>91</b>	100	47.15	Liz Humphries	Holt & Farndon
<b>92</b>	71	47.41	Jeanette Croft	U/A
<b>93</b>	72	47.42	Eleanor Jones	U/A
<b>94</b>	17	48.56	Norman Seddon	Mersey Tri
<b>95</b>	15	49.09	Martyn Henry Quant	U/A
<b>96</b>	24	49.28	Teresa Davies	Runfree
<b>97</b>	47	50.06	Sian Dunne	Runfree
<b>98</b>	3	50.12	Lucy Marriott	Mysteruns
<b>99</b>	70	50.51	Helen Reilly	Runfree
<b>100</b>	52	53.57	Amanda Newall	Chester Road Runners
<b>101</b>	50	54.01	Rebecca Hall	Chester Road Runners
<b>102</b>	49	54.04	Lyndsey Pleass	Chester Road Runners
<b>103</b>	53	54.07	Vicky Howarth	Chester Road Runners
<b>104</b>	14	59.16	Gareth Evans	U/A
<b>105</b>	21	59.57	Gwyneth Joy Day	U/A
<b>106</b>	37	59.58	Stacia Stalham	U/A
<b>107</b>	22	59.59	Sarah Louise Priest	U/A
<b>108</b>	1	75.00	Peter Norman	Wrexham AC