

Dash in the Dark 3 - 13th January 2017.

FINAL RESULTS

| Safle Position | Rhif No | Amser Time | Enw Name | Clwb Club | |
|-------------------|------------|---------------|-----------------------|----------------------|-----|
| 1 | 126 | 24.02 | Karl Steinegger | Ambleside | M |
| 2 | 145 | 25.07 | Greg King | N/A | M |
| 3 | 118 | 25.14 | Jez Brown | Buckley Runners | M40 |
| 4 | 111 | 25.24 | Thomas Barr | N/A | M |
| 5 | 137 | 26.12 | David Lawson | N/A | M |
| 6 | 171 | 26.39 | Tim Higginbottom | N/A | M40 |
| 7 | 161 | 26.52 | Phil Roberts | N/A | M |
| 8 | 179 | 27.01 | Steve Toogood | Buckley Runners | M50 |
| 9 | 148 | 27.09 | Craig Jones | Eryri | M |
| 10 | 142 | 27.47 | Nick Jones | N/A | M |
| 11 | 116 | 28.00 | Stephen Harrison | Village Road Runners | M50 |
| 12 | 177 | 28.15 | Ben Jozefiak | Mysteruns | M |
| 13 | 186 | 28.33 | Hywel Lloyd | N/A | M |
| 14 | 191 | 28.48 | Craig Mitchley | Prestatyn | M |
| 15 | 156 | 29.56 | Anthony Wood | Denbigh Harriers | M |
| 16 | 192 | 29.07 | Pete Gray | Buckley Runners | M |
| 17 | 108 | 29.08 | Simon Phillips | Whitchurch Whippets | M |
| 18 | 165 | 29.09 | Karl Williams | Buckley Runners | M40 |
| 19 | 199 | 29.10 | Daniel Jones | N/A | M |
| 20 | 170 | 29.19 | Andrew McKenzie | N/A | M |
| 21 | 120 | 29.27 | Daniel Young | N/A | M |
| 22 | 160 | 29.36 | Lizzie Irvine | Mysteruns | F |
| 23 | 107 | 30.01 | Lee Lumb | Tattehall Runners | M |
| 24 | 136 | 30.04 | Sam Brearey | N/A | M |
| 25 | 167 | 30.06 | Rob Alexander | Prestatyn | M |
| 26 | 123 | 30.09 | Neil Dalleywater | CRR | M50 |
| 27 | 210 | 30.12 | Phil Brown | Baildon Runners | M50 |
| 28 | 166 | 30.22 | Chris House | N/A | M |
| 29 | 139 | 30.38 | Sally Ellis | N/A | F |
| 30 | 208 | 31.00 | Ewan Coney | Deeside AAC | M |
| 31 | 125 | 31.11 | Hayley Evans | Buckley Runners | F |
| 32 | 130 | 31.24 | Justin Edwards | Buckley Runners | M |
| 33 | 187 | 31.30 | Iwan Berwyn Edwards | N/A | M |
| 34 | 132 | 31.38 | Phil Hatcher-Moore | N/A | M |
| 35 | 134 | 31.46 | Kirsty Seddon | Chester Tri Club | F |
| 36 | 115 | 31.50 | Richard Borne | Mysteruns | M40 |
| 37 | 135 | 31.55 | Jessica Brearey | N/A | F40 |
| 38 | 121 | 32.20 | John Cowen | N/A | M |
| 39 | 143 | 32.47 | Rob Butler | N/A | M40 |
| 40 | 169 | 33.22 | Claire Sutcliffe | Total Tri Training | F40 |
| 41 | 124 | 33.45 | Neil Riddle | N/A | M50 |
| 42 | 150 | 33.50 | Paul Evans | N/A | M |
| 43 | 207 | 34.11 | Rebecca Roberts | CRR | M |
| 44 | 185 | 34.28 | Dylan Roberts | Wrexham Tri | M |
| 45 | 180 | 34.33 | Alice Williams | CRR | F40 |
| 46 | 117 | 34.37 | Katinka Mitchell | Village Road Runners | F40 |
| 47 | 106 | 34.40 | Jonathan Davies | Chester Tri Club | M50 |
| 48 | 141 | 34.43 | Peter Roberts | Buckley Runners | M40 |
| 49 | 153 | 34.52 | Philip Hughes | Buckley Runners | M40 |
| 50 | 203 | 34.54 | Christine Cammillare | Deestriders | F |
| 51 | 114 | 35.15 | Fred Aird | Last Inn Runners | M50 |
| 52 | 209 | 35.44 | Ian Coney | N/A | M40 |
| 53 | 202 | 36.00 | Paul Lewtey | Deestriders | M |
| 54 | 172 | 36.02 | Steve Holliman | Chester Tri Club | M40 |
| 55 | 201 | 36.04 | James Marsh | N/A | M40 |
| 56 | 147 | 36.12 | Hayley Turner | Eryri | F |
| 57 | 131 | 36.26 | Jessica Hatcher-Moore | N/A | F |
| 58 | 159 | 36.49 | Richard Marsh | N/A | M40 |

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|-----|-----|---------|------------------------|-----------------------|-----|
| 59 | 168 | 36.58 | Jodi Hoppes | Prestatyn | F |
| 60 | 109 | 37.24 | Victoria Clarke | CRR | F40 |
| 61 | 154 | 37.32 | Richard Davies | N/A | M50 |
| 62 | 190 | 37.52 | Jo Grandfield | Whitchurch Whippets | F50 |
| 63 | 189 | 37.53 | Ian Grandfield | Whitchurch Whippets | M50 |
| 64 | 193 | 37.59 | Jonathan Oldfield | Ysgol Bryn Coch | M40 |
| 65 | 103 | 38.16 | Paul Wood | Cheshire Road Runners | M40 |
| 66 | 119 | 38.32 | John Humphries | Mysteruns | M50 |
| 67 | 174 | 38.51 | Matt Pritchard | N/A | M |
| 68 | 175 | 38.52 | Peter Lamb | N/A | M |
| 69 | 146 | 39.27 | Alexandra Fletcher | Eryri | F |
| 70 | 144 | 39.30 | Andy Worthington | Buckley Runners | M60 |
| 71 | 158 | 39.35 | Alun Williams | N/A | M40 |
| 72 | 204 | 39.37 | Sharon Marriott | Mysteruns | F |
| 73 | 129 | 39.39 | Sarah Staples | N/A | F |
| 74 | 138 | 39.50 | Carys Durie | N/A | F |
| 75 | 188 | 39.53 | Kirstie Fraser | N/A | F |
| 76 | 112 | 39.56 | Drew Thompson | Runstrong | M |
| 77 | 104 | 39.59 | Michael Robinson | Runstrong | M40 |
| 78 | 162 | 40.48 | Linda Martin | Deestridders | F50 |
| 79 | 182 | 40.50 | Kim Norman | Wrexham Tri | F40 |
| 80 | 163 | 41.01 | Lorna Royle | Deestridders | F40 |
| 81 | 149 | 41.02 | Miriam Bowen | N/A | F |
| 82 | 128 | 41.22 | Amanda Garner | Buckley Runners | F |
| 83 | 127 | 41.24 | Simon Edwards | Buckley Runners | M40 |
| 84 | 152 | 41.26 | Sabine Hoekema | Buckley Runners | F40 |
| 85 | 151 | 41.40 | Marcus Hodges | Rhedwyr Glanrafon | F |
| 86 | 181 | 41.50 | Geoffrey Allan Pettitt | N/A | M60 |
| 87 | 155 | 41.54 | Adam Edwards | N/A | M |
| 88 | 173 | 43.55 | Ciara Murphy | Chester Tri Club | F40 |
| 89 | 196 | 44.30 | Andrew Everett | N/A | M40 |
| 90 | 140 | 44.40 | Emma Marie Richards | N/A | F |
| 91 | 200 | 45.24 | Lucy Marriott | Mysteruns | F |
| 92 | 122 | 45.38 | Liszette Stevens | N/A | F40 |
| 93 | 133 | 45.47 | David Jones | N/A | M60 |
| 94 | 176 | 46.20 | Alison Perrins | Wrexham AC | F40 |
| 95 | 178 | 46.21 | Courtney Gates | Wrexham Tri | F40 |
| 96 | 164 | 47.45 | Stacey Griffiths | N/A | F |
| 97 | 195 | 48.04 | Mandy Lewis | Whitchurch Whippets | F40 |
| 98 | 194 | 48.05 | Robert Lewis | N/A | M40 |
| 99 | 102 | 51.43 | Nathan Atkins | N/A | M |
| 100 | 101 | 51.44 | Alice Threlwell | Deestridders | F |
| 101 | 157 | 52.39 | Karen Owens | Wrexham AC | F40 |
| 102 | 113 | 52.40 | Samantha Williams | Runstrong | F40 |
| 103 | 110 | 52.48 | Abi Schwarz | Runstrong | F |
| 104 | 183 | 53.45 | Emily McElmeel | Deestridders | F |
| 105 | 184 | 53.46 | Lindsey McElmeel | Deestridders | F |
| 106 | 198 | 56.42 | Beverley Goodson | Deestridders | F40 |
| 107 | 197 | 56.44 | Laura Parry | Deestridders | F |
| 108 | 205 | 58.17 | Heather Jones | N/A | F40 |
| 109 | 206 | 58.18 | Philippa Capstick | N/A | F40 |
| 110 | 105 | 1.17.00 | Peter Novman | Wrexham AC | M70 |