

Clwydian Range Runners presents.

**Dash In the Dark 2 - 6th Dec 2019.
Results.**

Position	No	Time	Name	Club
1	28	22.45	Warren Renkel	Run Free Fell Runners
2	89	23.41	Louis Lermite	Run Free Fell Runners
3	75	23.52	Joel Gomes	Wrexham AC
4	53	24.17	Karl Steinegger	Ambleside
5	13	24.37	Greg King	u/a
6	50	25.25	Craig Jones	Eryri
7	36	25.44	Rhys Peters	Clwydian Range Runners
8	32	25.56	Paul Sidwells	Run Free Fell Runners
9	83	26.14	Neil Coppack	Clwydian Range Runners
10	84	26.24	Owen Lovelock	Run Free Fell Runners
11	2	26.43	Gemma Moore	Eryri
12	21	26.50	Pete Gray	Buckley Runners
13	33	26.59	Peter Jones	Oswestry Olympians
14	22	27.13	Sally May Ellis	Run Free Llangollen
15	29	27.34	Stuart Thomas	Buckley Runners
16	14	27.43	Peter Mould	u/a
17	80	27.47	Kavan Heppenstall	Clwydian Range Runners
18	86	27.51	Iwan Edwards	u/a
19	59	27.57	Andrew Corbett	u/a
20	52	28.14	Richard Jones	Run Free Fell Runners
21	44	28.27	Tim Hargreaves	Buckley Runners
22	5	28.32	Simon Phillips	Whitchurch Whippets
23	62	28.41	Ian Atkinson	u/a
24	101	28.52	Chris Spillane	Colwyn Bay
25	38	29.13	Lizzie Irvine	u/a
26	3	29.15	Andrew Telford	u/a
27	18	29.51	Richard Borne	Mysteruns
28	39	29.55	Lee Lumb	Tattenhall Runners
29	99	29.58	Paul White	u/a
30	45	30.10	Samuel Bennett	Mysteruns
31	17	30.27	Neil Gooding	Pensby Runners
32	24	30.35	Simon Moralee	Run Free Fell Runners
33	85	30.38	Martin Orchard	ua
34	79	30.39	Suzanna Heppenstall	Clwydian Range Runners
35	98	30.53	Andy Peffers	Clwydian Range Runners
36	94	31.06	Martin Witty	Deestridders
37	72	31.11	Christine Cammillaire	Deestridders
38	104	31.14	Sion Elwy	u/a
39	37	31.21	Oliver Bean	u/a
40	65	31.22	Simon Jones	Denbighshire Tri Club
41	97	31.26	Mandy Peffers	Clwydian Range Runners
42	23	31.42	Scott Pugh	Run Free Llangollen
43	82	31.51	Kirsty Seddon	Chester Tri
44	58	32.07	Alice Williams	Clwydian Range Runners
45	63	32.18	Fred Aird	Deestridders
46	48	32.18	Hayley Turner	Eryri
47	55	32.25	Tony Benton	Denbigh Harriers
48	66	32.27	Phil Porter	Denbighshire Tri Club
49	70	32.41	Anna Bartlett	Shrewsbury AC
50	64	32.45	Neil McAndrew	Run Free Llangollen
51	57	33.06	Jenny Ewels	Clwydian Range Runners
52	73	33.15	Paul Lewtey	Deestridders
53	11	33.33	Robert Ingham	Whitchurch Whippets
54	60	33.42	Jan Rogers	Chester Tri

55	41	33.47	Stephen Gleave	u/a
56	8	33.54	Kerry Jane Jones	Llanberris Tri
57	19	33.59	Chris Wilcox	Buckley Runners
58	40	34.00	Naomi Cane	u/a
59	54	34.07	Stephen Botham	Wrexham Tri
60	42	34.08	Howard Jones	Run Free
61	71	34.32	Linda Martin	Deestriders
62	77	34.53	Matt Pritchard	Run Free Fell Runners
63	49	35.19	Alexandra Fletcher	Eryri
64	7	35.20	Paul Wood	Chester Road Runners
65	35	35.36	Cassandra Peters	Clwydian Range Runners
66	56	35.39	Keith Cotton	Whitchurch Whippets
67	34	36.14	Elaine Seargent	Run Free Fell Runners
68	87	36.23	Rachel Burns	u/a
69	93	36.31	Annie Buckley	u/a
70	47	36.44	Daniel Burton	u/a
71	61	37.07	Iain Hobson	Buckley Runners
72	51	37.19	Chris Rhodes	u/a
73	46	37.31	Peter Nesbitt	Oswestry Olympians
74	9	37.39	Sarah Williams	u/a
75	20	37.42	Ciara Murphy	u/a
76	76	37.50	Jenny Lewtey	Deestriders
77	25	38.14	John Humphries	Eryri
78	4	38.20	Mark Taylor	Chester Tri
79	16	38.23	Yricka Gardner	Run Free Fell Runners
80	15	38.24	Nick Venables	Wrexham AC
81	27	38.36	Karen Smith	Chester Tri Club
82	43	39.15	Stephen Piggott	u/a
83	88	39.33	Paul Humphries	Alford Amblers
84	68	40.39	Dave Shillington	West Cheshire AC
85	74	40.41	Angela Tegg	West Cheshire AC
86	67	40.48	Alex Duffy	West Cheshire AC
87	26	40.53	Susan Ridings	Clwydian Range Runners
88	90	41.08	Livvy Beacett	Run Free Fell Runners
89	92	41.09	Alex Carpenter	Run Free Fell Runners
90	91	41.10	Row O'Neill	Run Free Fell Runners
91	31	42.15	Rebecca Sheridan	u/a
92	30	42.16	Jenny Tinmouth	u/a
93	102	42.20	James Tooney	u/a
94	81	42.38	Norman Seddon	Mersey Tri
95	103	43.26	Caroline Baker	u/a
96	100	43.38	Annette Jones	u/a
97	78	45.50	Kay Cettrell	Run Free Fell Runners
98	12	45.51	Heather Jones	Run Free Fell Runners
99	95	47.21	Sue McIndoe	Deestriders
100	96	47.31	Jane Blackwell	Deestriders
101	10	49.21	Sarah Gill	Whitchurch Whippets
102	6	49.22	Elizabeth Featherston	Whitchurch Whippets
103	69	50.41	Beverley Goodson	Deestriders
104	1	62.00	Pete Norman	Wrexham Tri