

Safle Position	Rhif No	Amser Time	Enw Name	Clwb Club	
1	105	24.08	Karl Stienegger	Ambleside AC	M
2	193	26.05	Elliot Cox	Buckley	M
3	136	27.05	Greg King	ua	M
4	129	27.48	Simon Edwards	Buckley	M40
5	123	28.02	Chris Callaghan	Buckley	M
6	164	28.30	Steve Toogood	Buckley	M50
7	186	29.15	Matthew Goodwin	Wallasey	M
8	131	29.38	Stephen Harrison	Village Road Runners	M40
9	146	38.08	Ryan Morrison	Buckley	M
10	141	30.13	Tony Wood	Denbigh Harriers	M
11	121	30.18	Karl Williams	Buckley	M40
12	115	30.37	Craig Mitchley	Prestatyn Running Club	M
13	158	30.47	Mary Gillie	CRR	F
14	109	30.52	Andy Jones	GOG Triathlon	M40
15	119	31.06	Simon Phillips	Whitchurch Wippits	M40
16	130	31.30	Justin Edwards	Buckley	M
17	122	31.35	Gareth Houghton	Buckley	M
18	118	31.51	Scott Kelly	ua	M
19	157	31.58	Dylan Roberts	Wrexham Tri	M
20	143	32.39	Sally Ellis	ua	F
21	154	32.43	Hayley Evans	Buckley	F
22	172	32.44	Lee Lumb	Tattenhall Runners	M40
23	124	32.47	Tim Hargreaves	Buckley	M40
24	113	32.51	Neil Dallywatter	CRR	M50
25	162	33.05	Samuel Brearey	ua	M
26	163	33.11	Ritchard Borne	Mysteruns	M40
27	139	33.16	Kirsty Seddon	Chester Tri Club	L
28	194	33.17	Phil Brown	Baildon Runners	M50
29	189	33.21	Martin Whitty	Deestriders	M40
30	112	33.29	Robert Morris	Bowland Fell Runners	M
31	152	33.44	Bob Butler	ua	M40
32	145	33.55	Paul Donoghue	Buckley	M40
33	138	34.09	Neil Riddle	ua	M50
34	125	34.31	Peter James	ua	M40
35	153	35.40	Ellie Robinson	West Cheshire AC	F40
36	161	34.43	Jessica Brearey	ua	F40
37	108	34.47	Gareth Jaggard	CRR	M
38	110	34.50	Hannah Davies	Denbigh Harriers	L40
39	116	35.02	Dave Wootton	Buckley	M50
40	184	35.21	Grahame Alexander	ua	M
41	127	35.22	Neil Gooding	ua	M40
42	159	35.35	Andrew Everett	ua	M40
43	149	35.48	Stephen Lloyd	ua	M
44	182	35.53	James Marsh	ua	M40
45	148	35.55	Callum Creror	ua	M
46	181	35.57	Libby Dudleston	ua	F40
47	151	35.59	Peter Roberts	Buckley	M70
48	183	36.07	Rebecca Roberts	CRR	F

49	175	36.20	Jim Preston	ua	M40
50	156	36.30	Lewis Kay	ua	M
51	176	36.44	Jenny Ewels	CRR	F40
52	187	37.43	Jo Irvin	Pensby	F
53	102	37.59	John Morris	Buckley	M70
54	195	38.07	Ian Coney	ua	M40
55	150	38.23	Ritchard Davies	ua	M50
56	173	38.30	John Humphries	Mysteruns	M50
57	137	38.37	Ellie Salisbury	Eryri Harriers	F50
58	178	38.40	Melanie Berry	CRR	F40
59	191	39.23	Paul Lenton	Deestridders	M
60	114	39.53	Victoria Owens	Prestatyn Running Club	F
61	180	40.10	Matt Pritchard	ua	M
62	111	40.17	Jon Whitehead	Denbigh Harriers	M40
63	155	40.38	Jo Grandfield	Whitchurch Whippits	F50
64	128	40.53	Alun Williams	ua	M50
65	185	41.03	Sharon Marriott	Mysteruns	F
66	160	41.39	Kim Norman	Wrexham Tri	F50
67	117	42.27	Gail Geoghegan	ua	F50
68	142	43.05	Lorna Royle	Deestrider	F
69	147	43.07	Paul Aird	Last Inn Runners	M60
70	174	44.48	Kathrine Morris	Chester Road Runners	F50
71	188	45.12	Sue McIndoe	Deestridders	F40
72	177	45.36	Ciara Murphy	Chester Tri Club	F40
73	179	47.49	Heather Jones	ua	F40
74	140	49.03	Norman Seddon	Mersey Tri	M60
75	134	49.31	Sara Broe	ua	F
76	135	49.32	Kelly Evans	ua	F
77	103	49.48	Leah Carson	Chester Road Runners	F40
78	104	49.49	Paul Wood	Chester Road Runners	M40
79	120	50.07	Lizette Stevens	ua	F
80	144	50.21	David Jones	ua	M60
81	107	50.22	John Worthington	Denbigh Harriers	M40
82	192	58.38	Beverly Goodson	Deestridders	F
83	190	58.47	Laura Parry	Deestridders	F
84	126	59.18	Karen Owens	Wrexham AAC	F
85	132	59.24	Rhian Jones	ua	F
86	133	59.25	Helen Jones	ua	F
87	167	62.18	Dawn Samuels	ua	F
88	166	62.19	Stacey Griffiths	ua	F
89	165	62.20	Alison Perrins	Wrexham AC	F
90	168	62.33	Kathy Bannister	Time to Train	F
91	169	62.34	Sandra Flint	ua	F
92	170	62.35	Claire Sutcliffe	Time to Train	F
93	171	62.36	Steve Holliman	Chester Tri Club	M50
94	106	70.00	Martin Potter	CRR	M
95	101	70.01	Peter Norman	Wrexham Tri	M70