

## The Druid 2023

Position	No	Time	Name	Club
1	146	35.30	Joel Gomes	Run Free Fell Runners
2	174	37.10	Frank Fitzpatrick	Helsby
3	157	38.30	Sam Bellis	Buckley Runners
4	121	38.49	Jez Brown	Buckley Runners
5	161	39.32	Craig Conner	Tattenhall Runners
6	113	39.44	Gerard Coleman	Buckley Runners
7	170	40.24	Adam Gordon	Helsby RC
8	134	40.39	James Bayford	u/a
9	171	40.46	Jon Davies	u/a
10	112	42.01	Neil Ashcroft	Ambleside AC
11	140	42.19	Rob Arden	Tattenhall Runners
12	128	42.53	Robert James Miles	Wrexham AAC
13	115	43.22	John Tullis	u/a
14	169	43.24	Stuart White	Run Free Fell Runners
15	120	44.02	John Kimpton	u/a
16	176	44.17	Peter Grey	Buckley Runners
17	141	44.26	Paul Shannon	Tattenhall Runners
18	106	44.59	Matthew Davies	Deestriders
19	138	45.09	Nicolas Holmes	Tattenhall Runners
20	114	45.54	Kate Macfarlane	Carnety
21	137	45.56	Will Platts	Pensby
22	123	46.08	Dave Kimpton	Pickled Riders
23	116	46.12	Emily Retallid	Denbigh Harriers
24	129	46.15	Kevin Smith	Helsby Running Club
25	124	46.37	Lenka Vidamour	Penny Lane Striders
26	111	47.14	Simione Capponi	Bowland Fell Runners
27	168	47.14	Lisa Lines	Prestatyn
28	126	48.27	Stu Thomas	Buckley Runners
29	160	48.32	Paul Reilly	Pensby
30	153	48.36	Laura Baynham-Hughes	Helsby
31	107	48.41	Paul Fitzsimmons	Denbigh Harriers
32	145	49.16	Andy Robberts	Clwydian Range Runners
33	151	49.20	Wendy Lee	Pensby Runners
34	139	49.24	Paul Lewtey	Deestriders
35	144	49.26	Steve Bellis	Buckley Runners
36	125	49.32	Steve Dipple	Penny Lane Striders
37	104	49.35	Trevor Fisher	Pensby
38	177	49.45	Mandy Peffers	Clwydian Range Runners
39	108	49.48	Duncan JD Jones	Denbigh Harriers
40	143	49.59	Neil Gooding	Pensby Runners
41	155	50.21	Philip Wood	Helsby
42	148	50.32	Jeff Adams	Pensby Runners
43	132	50.32	Rachael Evans	Denbigh Harriers
44	142	50.41	Mark Samuels	Pensby Runners
45	135	51.00	Jen Bayford	u/a
46	133	51.07	Denis Garnham	u/a
47	166	51.58	David Peter Feakes	Helsby
48	149	52.19	Arthur Ramshaw	Pensby Runners
49	122	53.17	Paul Aird	Deestriders
50	167	53.19	Helen Ashworth	Prestatyn
51	103	53.25	Spencer Reynolds	Wirral Vikings
52	163	53.31	Jenny Ewels	Clwydian Range Runners

53	154	53.52	Chris Green	Helsby
54	175	54.10	Iain Wood	Chester Tri
55	117	54.17	Jo 'The Gazzelle' McKeown	Clwydian Range Runners
56	147	54.20	Anne Ramsbottom	Pensby Runners
57	119	55.07	Sophie Johnson	Prestatyn
58	158	55.31	Alex Royden	Pensby
59	110	56.31	Caroline Caffey	Buckley Runners
60	150	57.32	Tracy Pennington	Pensby Runners
61	105	57.37	Jim Jones	Helsby
62	131	57.39	Menai Baugh	Denbigh Harriers
63	118	57.46	Mandy Cartwright	Prestatyn
64	109	59.24	Steven Brown	Eryri
65	130	59.46	Peter Smith	Widnes Running Club
66	165	1.00.50	Lesley Feakes	Helsby
67	164	1.01.32	Rachel Arnold	Helsby RC
68	101	1.01.35	John Morris	Buckley Runners
69	156	1.03.39	Jackey Keasley	Helsby RC
70	127	1.05.21	Yricka Gardner	Run Free Fell Runners
71	172	1.10.03	Cath Lancaster	Pensby Runners
72	173	1.10.07	Susan Davies	Pensby
73	159	1.11.05	Joanne Coom	Pensby
74	136	1.20.00	Lucy Smith	Total Tri Training
75	162	1.20.19	Rita Mistry	Pensby Runners
76	102	1.25.00	Allan McKeown	Deestriders
77	152	DNF	Neil Wong	Pensby Runners

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