

Dash in the Dark 3 - 5th Jan 2024

Safle Position	Rhif No	Amser Time	Enw Name	Clwb Club
1	148	26.19	Simon Cole	GOG Tri
2	167	26.36	Joel Gomes	Run Free Fell Runners
3	132	26.48	Marcus Preedy	Rossendale Harriers
4	141	28.14	Jez Brown	Buckley Runners
5	118	28.24	Ally Hughes	Wrexham AAC
6	129	28.34	Henry Aron	u/a
7	102	28.42	Ian Houston	u/s
8	145	28.47	Andrew Mearns	u/a
9	166	28.53	Daniel Thwaites	CRR
10	104	29.12	Kyle Williams	Wrexham Tri
11	111	29.29	Derek Boothy	Wrexham Tri
12	122	29.47	Andrew Thomas	u/a
13	153	30.01	Alec Everitt	u/a
14	172	30.12	Ben Turner	u/a
15	101	30.58	John Rolton	CRR
16	163	31.03	Stuart White	Run Free Fell Runners
17	174	31.13	Dave Gittins	Run Free Fell Runners
18	146	31.27	Gemma Moore	Eryri
19	105	31.37	Simon Edwards	Buckley Runners
20	169	31.52	Rhys Peters	CRR
21	170	32.02	Stephen Coe	DadBods Factory Racing
22	120	32.06	Emily Rettalick	Denbigh Harriers
23	149	32.17	Alice Walton	Run Free Fell Runners
24	162	32.32	Dave Kimpton	Pickled Riders
25	168	32.50	Oliver Birch-Jones	Prestatyn Running Club
26	156	32.52	Alan Bryan	Run Free Fell Runners
27	147	32.55	Matt Owens	u/a
28	165	33.00	Kerry Riley	CRR
29	108	33.07	Paul Jackson	CRR
30	164	33.16	Steve Toogood	Buckley Runners
31	140	33.57	Adam Edwards	Mere Runners
32	124	34.24	Ben Thomas	Prestatyn Running Club
33	176	35.03	Tom Williams	Wrexham Tri
34	110	35.11	Jamie Brown	Wrexham Tri
35	182	35.25	Ryan Evans	Run Free Fell Runners
36	157	35.57	Andy Peffers	CRR
37	161	36.14	Josiah Mainwaring	URENCO Runners
38	159	36.25	Andy Brown	u/a
39	125	37.09	Tony Forster	Wrexham AAC
40	121	37.20	Greame Peacock	CRR
41	175	37.27	Rachel McGuckin	u/a
42	158	37.30	Ian Mackay	Pickled Runners
43	173	37.34	Sarah Staples	Ellesmere Runners
44	123	37.37	Daniel Burton	Run Free Fell Runners
45	160	37.41	David Megson	u/a
46	134	37.57	Richard Bourne	Mysteruns
47	131	38.45	Amanda Newall	Chester Road Runners
48	144	39.07	Tom Nathan Holmes	Run Free Fell Runners
49	143	39.45	Tony Capstick	Run Free Fell Runners
50	171	39.47	David Harvey	u/s
51	126	40.03	Connor Jones	u/a

52	155	40.16	Sal Jefford	Run Free Fell Runners
53	115	40.29	Cathrine Tudor Jones	u/a
54	107	40.35	Sophie Johnson	Prestatyn Running Club
55	116	40.46	Paul Donoghue	Buckley Runners
56	127	41.40	Rebecca Good	Run Free Fell Runners
57	177	41.46	Bill Crawshaw	Wrexham Tri
58	183	42.15	Anne Buckley	u/a
59	128	42.51	Stephen Pygott	u/a
60	112	42.56	Eifian Matthias	CRR
61	106	46.05	Mandy Cartright	Prestatyn
62	109	43.11	Heather Martin	Out-Fit
63	154	43.27	Chris Rhodes	u/s
64	114	43.51	Hauys Morgan	u/a
65	180	46.15	Yricka Gardner	Run Free Fell Runners
66	133	47.07	Victoria Addison	Shropshire Shufflers
67	139	47.15	Debbie Parry	Deestridders
68	117	47.38	John Morris	Buckley Runners
69	142	47.43	Fred Aird	Deestridders
70	119	48.31	Nicky Triggs	Prestatyn Running Club
71	113	48.41	Julie Holmes	u/a
72	181	48.55	David Bardell	u/a
73	152	51.00	Claire Harper	Deestridders
74	136	53.14	Jennifer Haley	Chester Road Runners
75	103	53.16	Paul Wood	Chester Road Runners
76	137	56.23	Sarah-Jane Crompton	Chester Road Runners
77	135	56.25	Lara Rogers	Chester Road Runners
78	138	56.29	Jane Edwards	CRR
79	150	56.51	Jane Blackwall	Deestridders
80	151	56.57	Amanda Scotter	Deestridders
81	130	57.04	Fiona Robinson	Deestridders
82	178	57.09	Rachel Davies	u/a
83	179	57.13	Andrew Crosby	u/a