

Dash in the Dark 1 - 7th Nov 2025

Position	Number	Time	Name	Club
1	197	28.09	Caspian James	n/a
2	179	28.52	John Campbell	n/a
3	153	30.17	Greg King	U/A
4	171	30.48	Dan Thwaites	Clwydian Range Runners
5	232	30.49	Haywood Ferguson	n/a
6	145	30.59	Jez Brown	Buckley Runners
7	176	31.00	Tom Beach	Buckley Runners
8	192	31.07	Eilir Edwards	Corwen Runners
9	121	31.08	Tom Jenkins	Run Free Fellrunners
10	174	31.09	Alex Mason	runners next to the sea
11	164	31.24	Henry Aron	U/A
12	209	31.31	Guy Butterworth	SACC
13	196	31.32	Gemma Moore	Eryri
14	169	32.04	Nick Jones	n/a
15	220	32.05	James Bayford	n/a
16	124	32.10	Gareth Rhys Jones	Prestatyn
17	201	32.16	Glyn Rees	Denbigh Harriers
18	146	32.17	Dave Gittins	Run Free Fellrunners
19	139	32.20	Hywel Lloyd	U/A
20	173	32.25	Kyle Rhys Williams	Wrexham Tri
21	127	33.10	Lee Bailey	Prestatyn RC
22	219	33.21	Matthew Douglass	WCAC
23	204	33.42	Rhys Hughes	Chester Tri Club
24	195	33.59	Alice Walton	n/a
25	224	34.09	Elgan Roberts	n/a
26	152	34.29	Peter Gray	Buckley Runners
27	203	34.48	Gregg White	n/a
28	191	34.52	Sion Roberts	Corwen Runners
29	126	34.59	Neil Upton	Pensby Runners
30	180	35.05	Matthew Jones	Run Free Fellrunners
31	206	35.15	Stephen Coe	Chester Tri Club
32	140	35.20	Iwen Berwyn	U/A
33	202	35.29	Callum Edwards	n/a
34	189	35.38	Jo Lewis	Prestatyn Running Club
35	230	36.00	Steve Popplestone	n/a
36	233	36.13	Josiah Mainwaring	n/a
37	216	36.28	Holly Coates	n/a
38	228	36.34	Laurence Humphries	Night Crawlers
39	162	36.39	Susan Fourie	Run Free Fellrunners
40	166	36.46	Christine Cammillaire	Deestridders RC
41	172	37.25	Lucy Bennett	n/a
42	236	37.32	Tom Williams	Wrexham Tri
43	190	37.40	Marc Jones	Prestatyn Running Club
44	205	37.53	Michelle Ken	Deestridders RC
45	129	38.03	Simon Philips	Whitchurch Whippets
46	128	38.17	Greame Peacock	Clwydian Range Runners
47	198	38.27	Keith Quinton	n/a
48	234	38.38	Rhys Peters	Clwydian Range Runners
49	151	38.39	Andrew Corbett	U/A
50	241	38.41	Paul Seddon	n/a

51	133	38.42	Alistair Potter	Run Free Fellrunners
52	134	38.49	Allan McKeown	Buckley Runners
53	125	38.56	Chris Gibbons	U/A
54	194	39.05	Evie Hughes	n/a
55	178	39.10	Ian Mackay	Delamere Spartons
56	136	39.27	Sal Jefford	Run Free Fellrunners
57	123	39.37	Heather Martin	U/A
58	143	39.40	Dan Burton	Run Free Fellrunners
59	210	40.25	Sion Elwy	SACC
60	167	40.58	Paul Lewtex	Deestridders RC
61	137	41.00	Alan Bryson	U/A
62	160	41.09	Rebecca Hughes	U/A
63	122	41.21	Juliette Baron	Run Free Fellrunners
64	211	41.26	Rachel Ridgway	n/a
65	147	41.58	Paul Robertson	Pensby Runners
66	243	42.00	Edward Austin	Chester Tri Club
67	227	42.12	Stephen Humphries	Night Crawlers
68	181	42.20	Elinor Cotton	Run Free Fellrunners
69	141	42.41	Richard Bourne	Mysteruns
70	149	42.59	Jan Rogers	Chester Tri Club
71	150	43.20	Mickey Jones	U/A
72	148	43.41	Paul Aird	Deestridders RC
73	218	43.46	Helen Macarthur	Colwyn Bay
74	237	43.51	Rob Pullen	Wrexham Tri
75	223	44.14	Annie Buckley	n/a
76	187	44.30	Bill Crawshaw	Wrexham Tri
77	142	44.38	Peter Thomson	U/A
78	193	44.53	Matthew Evans	Corwen Runners
79	221	44.57	Nigel Clark	NWCC
80	212	45.02	James Alcock	SACC
81	158	45.10	Alison Reid	Prestayn Running Club
82	131	45.16	Robert Ingham	U/A
83	183	45.19	Natalie James	n/a
84	214	45.49	Louise Fielding	n/a
85	242	46.29	Dan Seddon	n/a
86	184	46.47	Martin Witty	Deestridders RC
87	188	47.03	Ian Hobson	Buckley Runners
88	120	47.24	Sophie Johnson	Denbigh Harriers
89	238	48.03	Christian Edwards	Wrexham Tri
90	226	48.56	Sharon Marriott	n/a
91	225	48.57	Richard Marriott	n/a
92	130	49.25	James Rainbow	Mercia FR
93	217	49.46	Justin Evans	Deestridders RC
94	213	50.07	Holly Peek	n/a
95	235	50.33	Helen Bainbridge	Wrexham Tri
96	165	50.48	Chris Rhodes	Stride Seekers
97	231	50.59	Lance Ball	Wrexham Tri
98	229	51.01	Mark Riddele	Night Crawlers
99	199	51.39	Poppy Fitzsimmons	Clwydian Range Runners
100	200	51.40	Paul Fitzsimmons	Clwydian Range Runners
101	189	51.52	Jo Lewis	Prestatyn Running Club
102	132	52.00	Karen Smith	Chester Tri Club
103	155	52.30	Helen Murray	Wrexham Tri
104	208	52.45	Claire Harper	Deestridders RC
105	161	53.02	Brad Collard	Deestridders RC

106	170	53.56	Debbie Parry	Deestridders RC
107	222	54.43	John Constantin	Chester Road Runners
108	175	55.00	Vivian A. Royle	Chester Tri Club
109	163	56.30	Vicky Hintridge	Ruthin Cycle Club
110	144	56.31	Karen Scott	Pensby Runners
111	186	57.58	Nicki Triggs	Prestatyn Running Club
112	154	58.13	Tomothy Guy	Wrexham Tri
113	168	58.24	Louise Simpson	Wrexham Tri
114	159	58.55	Joanna Edwards	Presatyn Runners
115	157	59.55	Lucy Higgins	Chester Road Runners
116	156	60.00	Tony Higgins	Clwydian Range Runners
117	215	61.00	Adele Weatherley	n/a
118	207	62.33	Jane Blackwell	Deestridders RC
119	182	63.30	Susan Witty	Deestridders RC
120	177	63.39	Fiona Robinson	Deestridders RC
121	239	70.00	Lauren Povey	n/a
122	240	70.00	Anne Fitzpatrick	n/a
123	135	71.00	Debbie Jones	Presatyn Runners
124	138	72.00	Clare Manley	Prestatyn