

The Druid 9th July 2025

Safle Position	Rhif No	Amser Time	Enw Name	Clwb Club
1	68	33.19	Luke Burgess	Bristol and West AC
2	67	36.24	Allen Bunyan	Macclesfield Harriers
3	60	36.43	Giles Drake	u/a
4	80	37.19	Oberon Kearney	warriors
5	5	37.59	Lowrence Eccles	Penny Lane Striders
6	102	39.43	Adam Gordon	Helsby
7	26	39.58	Jez Brown	Buckley Runners
8	59	40.31	James Shanahan	U/A
9	44	40.54	Mike Tyrie	Pickled Riders
10	57	41.01	Steve Shanahan	u/a
11	62	41.06	Liam Rogan	Buckley Runners
12	52	41.57	David Shearer	West Cheshire AC
13	7	42.09	John Millen	Helm Hill Runners
14	30	42.17	Tom Jenkins	Run Free Llangollen
15	40	42.26	Darren Humes	helsby
16	70	42.29	John Davies	Denbigh Harriers
17	29	42.40	Henry Aron	U/A
18	17	42.42	Tom Beach	Buckley Runners
19	98	43.07	James Bayford	u/a
20	18	43.42	Andrew Peers	Buckley Runners
21	20	44.08	Neil Ashcroft	Ambleside
22	38	44.16	Phol Wood	Helsby
23	53	44.46	Jason Large	Pickled Riders
24	97	44.51	Sarah Gomm	Run Free Fell Runners
25	19	45.00	Matt Wilkins	Buckley Runners
26	99	45.21	John Davies	u/a
27	111	45.30	Andrew Shaw	Pensby Runners
28	73	45.41	Kevin Charlston	Pensby Runners
29	116	45.54	Peter Gray	Buckley Runners
30	63	46.07	Simon Mara	Buckley Runners
31	45	46.29	Dave Kimpton	Pickled Riders
32	16	46.30	Andy Jones	Gog Tri
33	47	46.38	David Green	Pensby Runners
34	21	46.39	Jeffrey Allen Gifford	West Cheshire AC
35	66	46.46	Steven Piester	Helsby
36	72	46.56	Ellis Jones	Deestridders RC
37	109	47.02	Bernie Morris	Buckley Runners
38	64	47.23	Nigel Costford	Helsby
39	23	47.27	Allan McKeown	Buckley Runners
40	55	47.36	Paul Shannon	Tattenhall
41	22	47.45	Emily Retallick	Denbigh Harriers
42	114	48.21	Josiah Mainwaring	U/A
43	71	48.33	Keith Dunham	Pensby Runners
44	91	48.36	Mike Davies	Wrexham Tri
45	108	48.45	Laurence Humphries	u/a
46	90	48.47	Daniel Davies	u/a
47	28	48.53	Emma Nutt	West Cheshire AC
48	115	48.55	Owen Cunks	Denbigh Harriers
49	46	49.05	Susan Fourie	Run Free Fell Runners

50	100	49.31	David Woodley	Buckley Runners
51	94	49.35	Hannah Tomlinson	CRR
52	27	49.35	Stephen Burthem	Spectrum Stiders
53	61	49.41	Kevin Smith	Helsby running Club
54	56	49.45	Jonathan Cole	Ellesmere Port RC
55	83	49.51	Laura Baynhan-Hughe	Helsby
56	103	50.00	Andrew Napper	Mersey Tri
57	32	50.09	Matt Hampson	Helsby
58	10	50.17	Mel Morris	Denbigh Harriers
59	58	50.19	Simon Gainey	u/a
60	96	50.57	Tom Williams	Wreccsam Tri
61	112	51.19	Steve Popplestone	U/A
62	48	51.20	Ellie Wood	Pensby Runners
63	93	51.24	Andrew Newson	Helsby
64	9	51.29	Nigel Parr	Deestridders RC
65	33	51.40	Edward Halliwell	Helsby
66	113	51.49	Paul Seddon	u/a
67	78	51.55	Paul Lewty	Deestridders RC
68	36	51.58	Bruce Lacey	Belper Harriers
69	12	52.21	Gareth Williams	Wrexham AC
70	6	53.29	Ellis Sutton	Helsby
71	51	53.50	Simon Capponi	Bowland Fell Runners
72	2	53.57	Stephen Marr	Pensby Runners
73	43	54.10	Chris Green	Helsby
74	31	54.23	Christian Quich	U/A
75	118	54.24	Benjamin Chesteron	U/A
76	54	54.30	Paul Aird	Deestridders RC
77	50	54.51	Tony Benton	Denbigh Harriers
78	1	55.20	Andrew Gething	U/A
79	13	55.41	Neil McAndrew	Run Free
80	39	55.53	Rob Fernyffough	Helsby
81	88	56.08	Vanessa Griffiths	Helsby
82	101	56.50	Stephen Botham	u/a
83	34	57.06	Steve Riley	Helsby
84	84	57.14	Sarah Larkin	Helsby
85	49	57.15	Michael Hannon	ua
86	24	57.22	Tony Man	Penny Lane Striders
87	85	57.27	Fred Smith	CRR
88	3	57.32	Richard Hankins	Helsby
89	15	57.50	Richard Borne	Mysteruns
90	87	58.06	Nigel Crompton	Pensby Runners
91	76	58.24	Dennis Garnham	U/A
92	89	58.44	Charlotte King	Helsby
93	79	58.52	Ed Bartly	u/a
94	77	58.53	Christine Callamilare	Deestridders RC
95	110	59.07	Hayley Fernyhough	Helsby
96	11	59.21	Sophie Johnson	Denbigh Harriers
97	75	59.24	Mike Goodenough	Pensby Runners
98	35	59.36	Mark Thorley	Buckley Runners
99	74	59.47	Geoff Adams	Pensby Runners
100	65	59.54	Paul Donoghue	Buckley Runners
101	107	1.00.24	Stephen Humphries	Night Crawlers
102	104	1.00.28	Helen Richards	Pensby Runners
103	41	1.01.29	Steven Brown	Eryri
104	8	1.01.37	Duncan Jones	Denbigh Harriers

105	14	1.01.43	Richard Macilwaine	Spectrum Striders
106	4	1.01.53	Craig Hunter	Buckley Runners
107	117	1.03.29	Pete Rudge	U/A
108	81	1.04.11	Sarah Kearney	warriors
109	37	1.04.34	Joseph Kelly	Helsby
110	86	1.05.34	Alex Royden	Pensby Runners
111	25	1.06.13	John Morris	Buckley Runners
112	106	1.06.40	Sue Davies	Pensby Runners
113	95	1.06.41	Stephanie Garner	Helsby
114	82	1.06.53	Debbie Road	Helsby
115	92	1.11.00	Chris S J Probert	Pensby Runners
116	105	1.12.00	Cath Lancaster	Pensby Runners
117	42	DNF	Caroline Caffrey	Buckley Runners
118	69	DNF	Christopher Mann	Wrexham AC